

CERTIFICATE FOR MERITORIOUS SERVICE -2023

Dr. Sunil Ravinder Paul joined Christian Medical College for his undergraduate medical training in 1979. On completion of his studies, Dr. Sunil worked in RUHSA and the Dornakal Mission Hospital, Andhra Pradesh for a few months in 1985. He then went to the Tansen Hospital in Tansen, Nepal and worked there for two and half years. The Mission Hospital, under the United Mission to Nepal, was established in 1954, and serves a large population in western Nepal and the adjoining areas in India.

Dr. Sunil was then sponsored by the United Mission to Nepal for his postgraduation in General Surgery in CMC Vellore in 1988. He excelled in the course, completing the same in 1991. On the recommendation of Dr. Frank Garlick and Dr. Prakash Khanduri, Dr. Sunil went to the United Mission Hospital in Patan, Nepal for his service obligation. At the end of his three years of service, he and his wife were looking to settle down in Bangalore. A kind soul suggested he join the Seventh Day Adventist Hospital (SDA) in Ottapalam, Kerala – a place that has been his home and calling for the past 29 years.

The beautiful, serene campus and its mission work attracted Dr. Sunil. His devotion to his patients is well known, with patients coming from, not just the town of Ottapalam, but the surrounding areas and even abroad to consult him and seek his care. This has been a place where he has been able to use his surgical skills and experience with great tenacity and satisfaction. It is the need, love and appreciation from his patients that has motivated him to work there all these years. He enjoys teaching students, nurses and young surgeons at the SDA Hospital and the Dental College, where he continues to work part-time. He passes on to them not just surgical skills, but valuable and oft-neglected skills such as stress management and communication with patients and their families, skills that will enhance their practice and professional life. Dr. Sunil has written several books relevant for medical professionals, and now is in the process of revising and updating them

The three things he learnt in CMC- a sense of devotion, dedication and discipline towards patient care- are lessons that have stayed with him through these 35 years of mission service. It is this selfless service, in keeping with the motto of CMC '*not to be ministered unto but to minister*' that we honour by presenting Dr. Sunil Ravinder Paul with the '***Certificate for Meritorious Service***' for the year 2023.