



PAUL HARRISON AWARD 2023

The Paul Harrison Award was instituted in 1966 to honour medical graduates or post-graduates of CMC Vellore, who, through their outstanding and selfless contribution in the field of healthcare, have been able to uphold the motto of the Institution. Dr. Stanley Cecil Macaden now joins this august company.

Dr. Stanley Macaden joined CMC Vellore in 1963 for his undergraduate medical studies. Following his service obligation at the Jalna Mission Hospital, Maharashtra, Dr. Macaden trained in UK, obtaining the MRCP in 1977. He returned to India, and joined the Bangalore Baptist Hospital (BBH), a place to which he devoted the next three decades of his life. Apart from serving as a consultant physician, Dr. Macaden took on administrative responsibilities, initially as the Acting Medical Superintendent and then as the CEO/Director from 1990 to 2000. As CEO, he worked tirelessly to raise the quality of patient care and training at BBH, bringing it on par with other tertiary centres. It was during Dr. Macaden's tenure that the BBH entered into a tripartite agreement with CMC Vellore and the International Mission Board.

It was in Palliative Care, then a little-known discipline in India, that Dr. Stanley found his calling. Recognising the great need for Palliative Care in India, and the strength of his hospital in providing wholistic care, he initiated an integrated Palliative Care program in 1995 through a trained and dedicated team of specialists. Dr. Macaden himself trained at the International School of Cancer Care, Oxford, Cardiff University and the Wake Forest University Baptist Medical Centre in USA. These experiences enabled him to envision a palliative care program that would be applicable to the Indian social and cultural context. The Palliative Care program at the BBH expanded to a Home Care Service in 1998, and the Department is a Regional Training Centre for the Fellowship in Palliative Care and a Certificate Course for doctors and nurses. He assumed positions of responsibility at the national level, piloting and developing palliative care protocols, training programs and standards of care for the country. He has served, among others, as the Clinical Lead for 'Project India' of the International Collaborative for Best Care for the Dying Person; as Past Secretary and National Faculty for the Indian Association of Palliative Care (IAPC), and as the National Coordinator for the Palliative Care projects of the CMAI. The latter association enabled him to educate and train hundreds of health professionals in the mission network across the country, and initiate palliative care services in several mission hospitals. He has published extensively and, though retired, continues to share his expertise at fora at both the national and international level. He is the President of Sanman, a citizen volunteer group that supports the existing network of Palliative Care organisations, patients and families in Bengaluru. Dr. Macaden has passionately passed on the need for quality palliative care and looks forward to the day when Palliative Care will be a mandatory service provided by all hospitals, and available to anyone, anywhere in India. He recognizes that the speciality of Palliative Care Medicine needs to become an integral part of the medical training program and the national health program.

In dealing with one of the most challenging aspects of medicine- dying with dignity- Dr. Macaden has shone a spotlight on a philosophy of care that acknowledges the fact of dying, yet clothes it with grace and compassion that brings healing and comfort to both the patient and the family. Grappling with physical, spiritual, emotional and psychological needs of patients and caregivers at this most fragile stage of life requires a humane sensitivity and empathy: the aspect of 'care' versus the optics of 'cure'. He draws inspiration, among others, from Dame Cicely Saunders, the founder of modern Palliative Care who said '.... you matter to the last moment of your life'. Dr. Macaden's most gratifying moments have come when grieving family members acknowledge the love of Christ that they see reflected in the care provided. A favourite Bible verse of Dr. Macaden's rings true '.... whatever you did to the least of my brothers, you did it to Me' (Matthew 25:40).

In recognition of his outstanding and selfless contribution towards establishing and promoting the much-needed palliative care services in our country, and upholding the motto of the Institution, '**Not to be ministered unto, but to minister**', the Christian Medical College Vellore rises as one to call him blessed and is proud to confer him with the Paul Harrison Award for 2023.

DIRECTOR

PRINCIPAL

VELLORE
13.11.2023